


ANNVILLE CLEONA ELEMENTARY SCHOOLS

OCTOBER 2009

LUNCH MENU

Know Your Food Componets:

- 1.) *Meat or Meat Alternate*
- 2.) *Vegetable*
- 3.) *Fruit*
- 4.) *Bread or Grains*
- 5.) *Milk*

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
			¹ Breaded Pork Patty Scalloped Potatoes Red Applesauce Bread <u>Alternates</u> Peanut Butter & Jelly Sand Chicken Patty Chicken Caesar Salad	² Cheese Pizza Side Salad Fresh Banana <u>Alternates</u> Peanut Butter & Jelly Sand Antipasto Salad
⁵ Cheeseburger on Bun AuGratin Potatoes Mandarin Oranges <u>Alternates</u> Peanut Butter & Jelly Sand Hot Dog Chef Salad	⁶ Breaded Chicken Patty Mashed Potatoes Peas Bread <u>Alternates</u> Peanut Butter & Jelly Sand Toasted Cheese Diced Chicken Salad	⁷ NEW ITEM – Tater Tot Bake Entree Green Beans Mixed Fruit Bread <u>Alternates</u> Peanut Butter & Jelly Sand Cobb Salad	⁸ Turkey & Cheese Sandwich Steamed Corn Diced Pears Bread <u>Alternates</u> Peanut Butter & Jelly Sand Chicken Caesar Salad	⁹ Sausage Pizza Side Salad Fresh Apple <u>Alternates</u> Peanut Butter & Jelly Sand Antipasto Salad
¹² No School Columbus Day National School Lunch Week	¹³ Ham & Cheese Sandwich Celery Sticks & Dip Tropical Fruit Bread <u>Alternates</u> Peanut Butter & Jelly Sand Toasted Cheese Diced Chicken Salad	¹⁴ Chicken Pot Pie Mashed Potatoes Fresh Apple Bread <u>Alternates</u> Peanut Butter & Jelly Sand Chicken Tenders Cobb Salad	¹⁵ Spaghetti & Meatballs Chocolate Bananas Bread <u>Alternates</u> Peanut Butter & Jelly Sand Chicken Patty Chicken Caesar Salad	¹⁶ Beef Pizza Side Salad Diced peaches <u>Alternates</u> Peanut Butter & Jelly Sand Antipasto Salad
¹⁹ Roast Beef Sand. Steak Fries Mandarin Oranges <u>Alternates</u> Peanut Butter & Jelly Sand Hot Dog Chef Salad	²⁰ Baked Chicken Patty Spaghetti (Tomato) Peas & Carrots Bread <u>Alternates</u> Peanut Butter & Jelly Sand Toasted Cheese Diced Chicken Salad	²¹ Hot Dog Baked beans Fresh Orange <u>Alternates</u> Peanut Butter & Jelly Sand Chicken Tenders Cobb Salad	²² Hard or Soft Shell Taco Mexican Corn Brown WG Rice Cinnamon Apple Slices <u>Alternates</u> Peanut Butter & Jelly Sand Chicken Patty Chicken Caesar Salad	²³ Cheese Pizza Side Salad Diced peaches <u>Alternates</u> Peanut Butter & Jelly Sand Salad: Antipasto Salad
²⁶ Hot Ham & Cheese Melt Tater Tots Chilled Pears <u>Alternates</u> Peanut Butter & Jelly Sand Hot Dog Chef Salad	²⁷ Salisbury Steak Whipped Potatoes Green beans Bread <u>Alternates</u> Peanut Butter & Jelly Sand Toasted Cheese Diced Chicken Salad	²⁸ APPLE CRUNCH DAY Grilled Cheese Side salad Tropical Fruit <u>Alternates</u> Peanut Butter & Jelly Sand Chicken Tenders Cobb Salad	²⁹ Chicken tenders Yam & Apple Bake Mixed Fruit Bread <u>Alternates</u> Peanut Butter & Jelly Sand Chicken Patty Chicken Caesar Salad	³⁰ Sausage Pizza Side Salad Diced Peaches <u>Alternates</u> Peanut Butter & Jelly Sand Salad: Antipasto Salad

Each Entrée is served with Bread, Fruit, Vegetable and Milk

Milk Choices:
 2% Milk
 Low Fat Flavored Milks
 Skim Milk

Some Ground Meat Items may contain a combination of ground beef and Turkey.

All Menu Items are subject to change.

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